

ISN'T OUR PLANET BEAUTIFUL?

Training Course

4 – 13 February 2025





Sarata Monteoru - Buzau - Romania

General Informations

 Arrival day : 4 February 2025

 Departure day: 13 February 2025

 Organizer : Hair Redivivus Buzau

 Venue : Sarata Monteoru
and Buzau, Romania

 Coordinator: Tolea Postovei

Trainers: Bogdan Chiriacescu
Catalina Postovei

Description of project

The aim of the project

to provide to youth workers new methods to develop circular economy as a tool to promote sustainability

Objectives

1. to develop key competences of youth workers in order to understand and apply principles of circular economy in their daily work with youngsters
2. to foster a deeper understanding of sustainable consumption and inclusive green economy
3. to promote creativity and innovation to implement circular economy practices and opportunities in youngsters daily life

Final products expected

A collection of tools, methods and action plans to promote sustainability and circular economy

The methodology is based on nonformal education methods including presentations, world café, theater, debate, simulations, video creation etc. The project activities will be preparation, introduction, getting to know each other, workshops in plenary and teams, outdoor activities, intercultural evenings, visits, reflection and evaluation according to agenda.

Accommodation

"Casa cu Tei" Pension

Rooms of 2 with private bathroom

Towels, soap and sheets provided for 1 week

<http://www.casacutei.ro/sitenou/>.

No laundry and ironing services are provided.



Hotel Sport B90 Buzau

Last 2 nights accommodation is in Buzau - Hotel Sport B90

Rooms of 2-3 persons with private bathroom
Towels, soap and sheets provided



Food will be served at the restaurant of the hotel and pension and there will be 3 meals every day and 2 coffee breaks

Facilities

Pension in Sarata Monteoru is 10 minutes from village center where you can find shops with basic things. There are no ATMs but in most of the local shops you can pay by credit card.

Hotel in Buzau is 10- 15 minutes walking from city center where you can find almost everything : shops, pharmacy, banks, restaurants, etc.

Internet: there is good wireless in the pension and also in hotel in Buzau

Weather: can be quite cold, with temperatures usually ranging from -5°C to 5°C during the day and dropping to around -10°C at night. However, it can occasionally be warmer or colder, and snow is common. In the days leading up to your arrival, we'll provide more accurate updates on the weather conditions.

Safety measures

You'll live in an intercultural environment, so accept all cultures and be tolerant

You have to attend and be involved in ALL ACTIVITIES during the training and also in DISSEMINATION PHASE

NO DRUGS ALLOWED! Alcohol only after activities in the evening and consumed with responsibility and according with laws from each country concerning age!

Other rules and safety measures will be fixed in first day, so if you have proposal feel free to express them

Transport

Depending on arrival times of the teams, organizers will arrange private transfer by bus from Bucharest Otopeni Airport to Sarata Monteoru on arrival day around 18.00, so try to book transportation that arrive earlier.

Coming on your own is also an option but is more complicated. More information will be provided after we have everyone's travel plan.

What to prepare

A research about sustainability, consumption and circular economy in your communities and countries

Be prepared to propose games, energizers, activities for free time or for our workshops

Some laptops will be necessary for working and editing texts/photos

As we want to use as less plastic as possible please bring with you your own coffee/tea cup or mug and a bottle/recipient for water

For intercultural evening, you have to bring some traditional food and drinks and to be ready to teach us a song or a dance. ATTENTION !! There is not possible to use kitchen for cooking (because of new regulations about safety and hygiene) so bring dry things ...you can prepare short and easy meals that can be done without oven like salads etc...if you need some ingredients like vegetables, oil, salt, regular spices, bread, etc. we can provide them...

Reimbursement

In order to get the travel costs back we need to get from you PRINTED ON PAPER IN ORIGINAL and ARRANGED IN ORDER OF TRAVELLING PHASES FROM DEPARTURE TO DESTINATION

All BUS/TRAIN/FERRY tickets and invoices in original. Tickets should have date, itinerary, cost. If there is no name-write it on the back.

If any of participants use "green travel" meaning more than half of journey the teams use bus, train, cars tell us one month in advance to explain your benefits and documentation needed

Flights electronic ticket with name, dates, itinerary, costs AND INVOICE if some of previous item is not on the ticket.

BOARDING PASSES compulsory -If you did mobile check-in you can send us the screenshot

Take only **APEX flights (no business class)** and only **2nd class trains**.

TAXI/UBER/BOLT costs are not eligible unless it is the ultimate solution

Reimbursement will be based on the distance calculator and maximum approved amounts. It will be processed after the project, upon receipt of all original documents and a signed travel cost declaration. Reimbursement will reflect actual costs (ticket/invoice prices). One transfer per country will be made to the sending organization or a participant, as per National Agency rules.

Maximum approved travel costs

100 - 499 km: 211 euros / 285 green travel
500 - 1999 km: 309 euros / 417 green travel
2000 - 2999 km: 395 euros / 535 green travel
3000 - 3999 km: 580 euros / 785 green travel
+4000 km - 1188 euros

You can spend 2-3 days before or after the project in Romania but no costs of accommodation, food or other expenses will be reimbursed for days outside the project.

Educator Pass 2025

You are welcome to join our new educational programme for 2025! Dive into non-formal learning exploration for a 75 euro fee that will unlock your potential to join all training courses, professional study visits, events in Lithuania and abroad until the end of the year, and also supports us to find new exciting and exclusive opportunities for community members! Please do not pay any fee until you receive a confirmation letter to join the programme. If you want to join the project, please fill the application form, whether you have already participated or not. Bear in mind that Tavo Europa keeps the right to send the most suitable and motivated participants to all of our projects.

For more projects: Explore the world and learn together with the help of Tavo Europa. Join the group with more opportunities:
<https://www.facebook.com/groups/186132221744993>

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