The poster features a central dark green circle containing text. To its left is a smaller green circle, and to its right is a brown circle. Further right is a large light brown ring. The background is light beige with various abstract shapes: a large light brown shape on the left, a green shape on the right, and a dark green circle at the bottom left. Grids of small dark green dots are located on the left and right sides. Three dark green chevrons point downwards on the right side.

Erasmus +
youth exchange
27.05.2024-01.06.2024

**CLOSER TO NATURE
CLOSER TO EACH
OTHER**

WHO WE ARE?



Our participants are young people aged 15-18 who would like to establish international contacts and practice their English. We have extensive experience in implementing international Erasmus+ and European Solidarity Corps projects. We have been accredited under the Erasmus + Vocational Education and Training and Youth program since 2022.



We are a facility where young people with fewer opportunities (social, economic, educational difficulties) acquire professional qualifications, e.g. as a chef, confectioner, blacksmith, hairdresser, baker, mechanic. Young people from other cities have the opportunity to stay in a boarding school.



The project will be implemented in the beautiful location of a 700-year-old castle (Olesnica Castle) in a charming city. We have hotel facilities and places for training workshops.

INTRODUCTION



The reasons behind these findings and why some people and nations experience greater levels of connection to the natural world are complex, but what is simple is the reason it matters so much.

High levels of connection with nature have been shown to support better mental and physical wellbeing, while people who feel closer to nature are also more likely to behave in environmentally friendly ways, whether that be recycling more, buying organic or driving an electric vehicle.

It is no exaggeration, then, to say that increasing our population's connectivity to nature could have enormous benefits for both people and planet.

As part of the project, we will conduct workshops:

- ecological: creating your own cosmetics, flower bombs
- culinary: the impact of herbs on health, from farm to table - slow food cuisine
- photographic: creating photos man close to nature "we are one"
- sightseeing trip Książ Castle, Wojstawice Natural Arboretum, ecological farm, a trip to the forest



»»» some of our METHODS



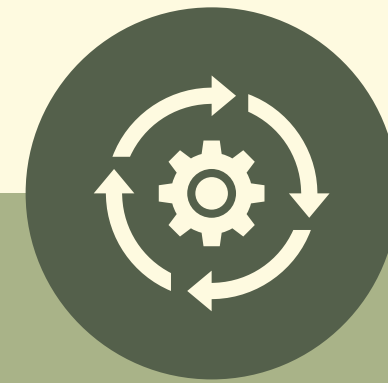
workshops

- group workshops will be led by subject experts whom we will invite to participate in the project



discussion/conservation

- the discussion will be a space for everyone to express their own theories, opinions and share their impressions

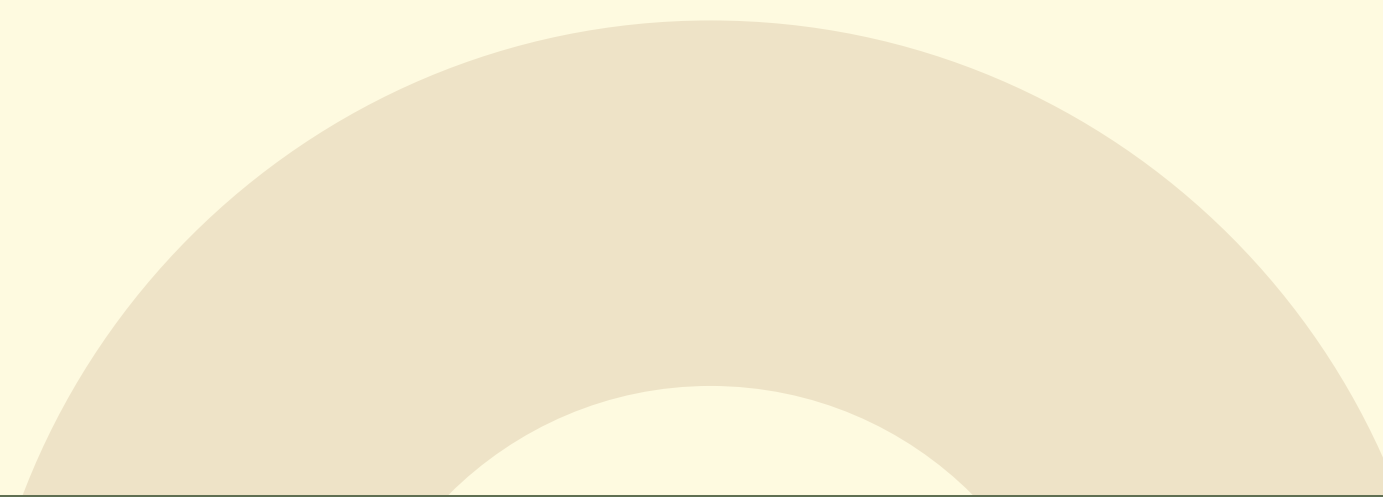


group work

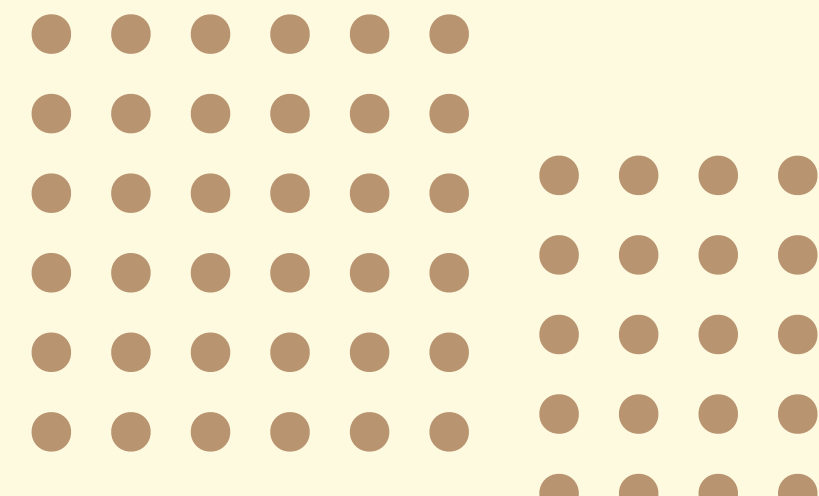
- working in a group will allow us to get to know each other better, integrate and share knowledge and skills



CONCLUSION



the result of the project will be an exhibition of photographic works showing us and nature in symbiosis and unity showing the benefits of spending time among nature

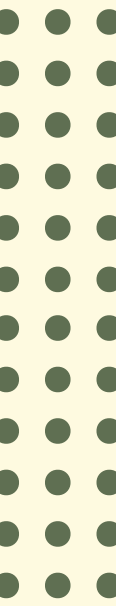


Venue - how to get there?

Project location: Prince's Castle in Oleśnica, 100 meters from the bus stop, 2 km from the railway station, 30 km from the airport. Very good access to Wrocław.

Oleśnica - a charming city with beautiful monuments and green surroundings, 30 km from Wrocław - one of the largest cities in Poland -

We suggest arriving by plane to Wrocław or flixbus to Wrocław. We offer transport to Oleśnica from Wrocław (Breslau) and for the return journey for free!



THE MOST IMPORTANT INFORMATION

The project is already approved! We have already signed an agreement with Erasmus+ as part of accreditation.

Participation in the project is free

**Reimbursement of travel costs - EUR 275 per person
(refund to the account within 7 days after completion of the project)**

Project date 27/05/2024-01/06/2024 (6 days of activities) + 2 days of travel

**We also provide food and accommodation the day before and after the activities
(when you are waiting for your trip)**

4 countries : 6 participants from each country + leader

For more projects:

Explore the world and learn together with the help of Tavo Europa.

Join the group with more opportunities:

<https://www.facebook.com/groups/186132221744993>

The Traveler Pass 2024

You are welcome to join our new educational programme for 2024!

Dive into non-formal learning exploration for a 50 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year!

Please do not pay any fee until you

receive a confirmation letter to join the programme.

If you want to join the project, please fill the application form, whether you have already participated or not.

Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.