

# INFOPACK

Promotion of history  
with modern marketing  
Polish-Lithuanian youth  
exchange.

youth exchange

# OVERVIEW

## PURPOSE

Our project mainly focuses on raising awareness of the importance of international cooperation in the context of Poland's and Lithuania's membership in the EU and NATO. The initiative aims to deepen citizens' understanding of solidarity and cooperation, which are the pillars of stable European development. Participants will take part in seminars and activities that will deepen their knowledge of European and transatlantic integration, giving them the opportunity to educate effectively in these areas.

Workshops will cover Polish and Lithuanian history and culture, social media management and content creation tools, including video editing. These sessions will give the participants the opportunity to use modern media in a qualified manner to spread valuable content, thus promoting mutual understanding and cooperation.

Increasing awareness of cooperation and important anniversaries of Poland and Lithuania joining the EU and NATO.

# AGE OF PARTICIPANTS

Target age 18-27 years.

## DATES

ARRIVAL DAY: 28-05-2024

YOUTH EXCHANGE DATES::

29.05.2024 - 03.06.2024

DEPARTURE DAY: 04-06-2024

## TRAVEL BUDGET

**POLAND: 16 € PER PERSON**

**LITHUANIA : 147 € PER PERSON**

## WHAT TO BRING?

- Passport or identity card
- All travel TICKETS!
- European health insurance cards are mandatory for all participants
- Towels and personal hygiene items (shampoo, soap, toothbrush, etc.)
- Hair dryer - the venue does not provide it
- Your positive attitude and willingness to participate in activities

# OTHER PRACTICAL THINGS

- During the training, we will organize two cultural evenings in Polish and Lithuanian. Bring some traditional snacks and drinks and some games for the evening. Please bring the necessary ingredients with you, the venue cannot provide them.
- The center has Wi-Fi internet connection, so you can bring your own computer.
- During the project, you will receive 3 meals a day (breakfast, lunch and dinner), as well as 2 coffee breaks.

# TRAVEL EXPENSES

- Travel expenses will only be reimbursed upon presentation of documents proving the amount actually paid: the original invoice. The documents must include the date, price, name and surname of the traveler, destinations, and the receipt must be completely clear.  
Keep all travel documents you receive during your trip: boarding passes, receipts, tickets, etc. i.e., because we absolutely need them!
- There are no refunds for taxi travel, tickets with reserved seats.

# HOW DO YOU GET HERE?



**Ośrodek Społecznik, ul. Żywiecka 67, Międzybrodzie Bialskie, Silesian Voivodeship, Poland, 34-312**

## IF YOU LAND IN KATOWICE

**Katowice Airport** → AP bus → **Katowice Dworzec** (railway station)

**Katowice Dworzec** → train → **Bielsko-Biała Główna** (railway station)

**Bielsko-Biała D.a** bus station → 113 or 114 bus →

**Międzybrodzie Skrzyżowanie** (20 stops)

**Międzybrodzie Skrzyżowanie** - few minutes on foot → **YOU ARE THERE!**

# IF YOU LAND IN KRAKOW

**Kraków Airport** (Kraków Lotnisko) → SKA1 train (6 stops, every half an hour, after 6 pm every hour) → **Kraków Główny** (Main railway station) **Kraków Główny** → train → **Bielsko Biała Główna** (railway station) (Direct trains: 06:06, 10:41, 13:50, 14:41, 16:35, 18:43)

**Bielsko-Biała D.a bus station** → 113 or 114 bus → **Międzybrodzie Skrzyżowanie** (20 stops)

**Międzybrodzie Skrzyżowanie** - few minutes on foot → **YOU ARE THERE!**

# OR A LONGER OPTION

**Kraków Airport** (Kraków Lotnisko) → SKA1 train (6 stops, every half an hour, after 6 pm every hour) → **Kraków Główny** (Main railway station) **Kraków Główny** → train → **Katowice Dworzec** (railway station) **Katowice Dworzec** → train → **Bielsko Biała Główna**

**Bielsko-Biała D.a bus station** → 113 or 114 bus → **Międzybrodzie Skrzyżowanie** (20 stops)

**Międzybrodzie Skrzyżowanie** → few minutes on foot → **YOU ARE THERE!**

# USEFUL LINKS

**INTERCITY**

**KOLEJE ŚLĄSKIE**

**ECOLINES**

**FLIXBUS**

**LUXEXPRESS**



# ACCOMMODATION



The accommodation is Społecznik Center, located in Żywiec County, in the middle of the Silesian Beskid Mountains, near Lake Żywiec.

All expenses related to accommodation and meals are covered by the organizer. Travel expenses will be reimbursed by bank transfer according to the current exchange rate and issued in euros (€).

# **For more projects:**

**Explore the world and learn together with the help of Tavo Europa.**

**Join the group with more opportunities:**

**<https://www.facebook.com/groups/186132221744993>**

## **The Traveler Pass 2024**

**You are welcome to join our new educational programme for 2024!**

**Dive into non-formal learning exploration for a 50 euro fee that will unlock your potential to join all youth exchanges, study visits, events in Lithuania and abroad until the end of the year!**

**Please do not pay any fee until you receive a confirmation letter to join the programme.**

**If you want to join the project, please fill the application form, whether you have already participated or not.**

**Bear in mind that Tavo Europa keeps the right to send most suitable and motivated participants to all of our projects.**